

Scarboro Hills Disc Golf Club  
in association with Churchville Recreation Council

# Disc Golf

## Instructional League (for Ages 12-Adult)

Do you love being active in the outdoors?  
Are you ready for a new CHALLENGE????  
Then Disc Golf is for You!!!!

### What is Disc Golf?

Disc Golf is one of the fastest growing sports in the country. Formally know as Frisbee Golf, the object of the game is to throw your disc from the tee pad to the basket in as few throws as possible. The rules are similar to traditional golf. There are over 4,000 disc golf courses in the US and more around the world. Currently, Harford County has 2 courses and, within an hour drive, you can find ~30 other courses. The best part is our 2 courses are free to play as are most others. The exceptions are those courses located within state parks.

### The League (To be held at Churchville Recreation Center)

The Scarboro Hills Disc Golf Club will be conducting a 4 week instructional league at Churchville Recreation Complex. Our program is designed for those who have never played and those who wish to improve their skills.

Each class will be divided into two parts. First, we will focus on throwing, putting and the rules and strategies of the game. Then we will take our skills to the course.

<p>Participants should wear/bring:</p> <p>Athletic clothing Sneakers or hiking boots Water</p> <p>Equipment: We will provide discs to use during the clinic. If you have your own feel free to bring them.</p>	<p>Registration:</p> <p>Cost: \$30</p> <p>Day and Time: Saturdays May 21<sup>st</sup>- June 11<sup>th</sup> 9:30 – 11:30 AM</p> <p>Your registration fee will go towards the development of more disc golf courses in Harford County</p>
--	--

Please enclose a check for \$30 made payable to Churchville Recreation Council and mail to Churchville Recreation Center, 111 Glenville Road, Churchville, MD 21028. Walk in registrations will be accepted if space is available. Please arrive 15-20 minutes before class. We welcome your questions. Please call Don Simonetti 410-322-9566 or email [thedon@scarborohills.com](mailto:thedon@scarborohills.com).

Participant's Name: \_\_\_\_\_ Age: \_\_\_\_\_  
Phone: \_\_\_\_\_

I understand there are inherent risks involved in the sport of disc golf and that I/my child is not covered by any program insurance. I will not hold Churchville Recreation Council, Scarboro Hills Disc Golf Club or instructors responsible for injuries received while participating in this program. I will inform the instructor of any physical conditions that could be aggravated through physical activity.

Participant (or Parent if under 18)  
Signature: \_\_\_\_\_ Date: \_\_\_\_\_

I have read and agree to adhere to the Churchville Recreation's Code of Conduct (found on pg.2) and all rules governing the use of county facilities.

Participant (or Parent if under 18)  
Signature: \_\_\_\_\_ Date: \_\_\_\_\_